

ACKNOWLEDGEMENT

I am very much grateful to **Prof. Dr. K. VAITHIANATHAN**, Vice Chancellor, Tamil Nadu Physical Education and Sports University, Chennai for the overall supervision towards the completion of this thesis.

It gives me immense pleasure to express my profound gratitude and indebtedness to my guide **Dr.(Mrs.)K.JOTHI**, Associate professor, YMCA College of Physical Education Chennai, for her valuable and efficient guidance and encouragement at all stages of my research work. It is my privilege to give my heartfelt thanks for her esteemed guidance, for her sagacious, scholastic suggestions constructive criticisms, support and timely suggestions in formulating the thesis.

My sincere thanks and kind regards to **Dr. J. P. SUKUMAR**, The Registrar of Tamil Nadu Physical Education and Sports University, for his inspiring guidance and able assistance in carrying out this research work.

I express my sincere thanks to **Dr.RAMASAMY**, Librarian, (Rtd.) YMCA College of Physical Education, Chennai, **Dr.MOORTHY** Director of Physical Education (Rtd.).

I thank **Mr. M. RAMASUBRAMANI**, IPS, President, **Mr. A. SARAVANAN**, General Secretary, other members and Coaches of Tamilnadu Handball Association for their encouragement and support in my career.

I thank **Dr.(Mrs.)RAJASEELI JOHN**, Principal (Rtd), **Dr.(Mrs).GraceHelene**, Professor TNPESU **Dr.(Mrs.)SHEILA STEPHEN**, Principal, and **Dr. KANNAN PUGAZHENDHI**, Medical Officer cum Lecturer, YMCA College of Physical Education, Chennai for their encouragement and support in my career.

ACKNOWLEDGEMENT

*I express my sincere thanks to **Ln.Dr.K.RETHINAM**, Chief Executive Officer, **Mr.R.ARUMUGAM**, Special Officer, **Mr.V. ATHI NARAYANASAMY**, Secretary, **Dr.N.MARKKANDYAN**, Principal and **ALL THE STAFFS** of G.T.N. Arts College, Dindigul for their encouragement and support in my career.*

*I thank all the teaching and administrative staff of **TNPESU** and **YMCA** college of Physical Education for their ever loving service and support. I do remember and thank the **SUBJECTS AND THEIR PARENTS** who gave whole hearted support for the successful completion of this dissertation.*

***Dr.JANKIRAMAN**, Physical Director, SBIOA School for their support in collecting the information regarding the study and **Mr. SENTHILKUMAR**, P.E.T, Govt. Boys High School, Avadi, Chennai, for their support to finish the research work,*

*Last but the least, I am ever grateful to **MY STUDENTS** who transformed me a continuous learner forever.*

N.RAJASEKAR